

prepped

GRAB & GO

CHEF CRAFTED MEALS

•FOR HOME•

Serves 2-4 People

Take Home Meals • May 2026

Wellness Feature!

Chicken Egg Roll Bowl

Brown Rice tossed with Chicken, Cabbage, Carrots, and Onion in a Soy Garlic Sauce, finished with Green Onion and Sesame Seeds

2 Servings - \$13.99

4 Servings - \$21.99

Hoisin Pork

with Steamed White Rice, Mushrooms, and Sweet Chili Peas

2 Servings - \$15.99

4 Servings - \$28.99

Coconut Curry Cauliflower & Quinoa

with a Chickpea Salad and Garlic Chili Naan

2 Servings - \$15.99

4 Servings - \$28.99

Vegetable Italian Penne Pasta

with Sauteed Mushrooms and Garlic Bread

2 Servings - \$15.99

4 Servings - \$28.99



Order Online by 11:00am
Pick up anytime after 3:00pm

<https://qr.ourmenu.io/UNUMChattanoogaOrderOnline>