



























APRIL  
15<sup>TH</sup> - 19<sup>TH</sup>

# UNUM ATRIUM CHATTANOOGA

BREAKFAST HOURS | MONDAY - FRIDAY | 7:00 AM - 10:00 AM

LUNCH HOURS | MONDAY - FRIDAY | 11:00 AM - 1:30 PM

Before placing your order, please inform your server if a person in your party has a food allergy.

	<b>M</b> Peach Cobbler Day	<b>T</b>	<b>W</b>	<b>TH</b> Spring Scavenger Hunt	<b>F</b> Garlic Day
<b>BEWELL BREAKFAST</b>	The Cheesy Mushroom Omelet \$5.50  	Egg & Avocado Breakfast Sandwich \$6.15  	Loaded Veggie Omelet \$5.50  	Egg White & Tomato English Muffin \$5.50  	Apple Cinnamon Oatmeal \$5.50  
<b>BEWELL EXHIBITION</b>	Beef & Broccoli Stir Fry <i>Sautéed to Order Beef or Tofu, Broccoli, Onions, Water Chestnuts, Mushrooms, Low Sodium Sesame Ginger Soy &amp; Steamed Brown Rice</i> \$7.44 	Avocado Smash Bowl <i>Chopped Romaine Lettuce, Fresh Avocado, Onions, Roasted Cherry Tomatoes, Lemon Dill Vinaigrette, Cilantro, Feta &amp; a Fried Egg</i> \$7.44  	Chili Bean Stuffed Peppers <i>Chili spiced Kidney Beans with Onions, Peppers, Jalapenos, Tomatoes and Cilantro served with a side of Dirty Rice</i> \$7.44  	Apple Sesame Chicken Stir Fry <i>Sauteed to order seasoned Chicken with Apples, Mushrooms, Celery and Broccoli over Brown Rice topped with Sesame Seeds</i> \$7.44 	Shrimp Scampi <i>Sautéed to Order with Shrimp, Shallots, Garlic, Diced Tomatoes &amp; Whole Wheat Pasta in a Lemon Wine Sauce with fresh Parsley and Parmesan</i> \$7.44  
<b>BEWELL DELI</b>	Grilled Vegetable Wrap \$6.40  	Turkey Guacamole Melt \$6.40 	Lettuce Wrap with Tuna Avocado Salad \$6.40 	Apple Chicken Gyro \$6.40 	Curried Chicken Sandwich \$6.40 
<b>DELI</b> <i>Served with a side</i>	Honey Pecan Chicken Salad Sandwich \$7.44	Farmers Hummus Wrap \$7.44 	Italian Panini \$7.44	Blackened Chicken Caesar Wrap \$7.44	Turkey Panini Melt \$7.44
<b>GRILL</b> <i>Served with a side</i>	Tuna Melt \$7.44	Grilled Cuban Sandwich \$7.44	Classic Monte Cristo \$7.44	Gyro Sandwich \$7.44	Fiesta Grilled Cheese \$7.44 
<b>CHEF'S HOT BAR</b> \$0.56/ounce	<b>Taste of New Orleans</b> <i>Seafood Gumbo, Jambalaya and Cajun Beans and Rice Roasted Vegetables Peach Cobbler</i>	<b>Tacos Al Pastor</b> <i>Pineapple Pork with Cilantro Lime Slaw, Hot Red Pepper Sauce, Tortillas, Spicy Rice and Pinto Beans</i>	<b>Spaghetti &amp; Meatballs</b> <i>Spaghetti &amp; Meatballs, Marinara Sauce, Roasted Broccoli, Roasted Squash, Garlic Bread</i>	<b>Homestyle Meatloaf</b> <i>Homestyle Meatloaf with Mashed Potatoes, Roasted Veggies, Homestyle Gravy &amp; Assorted Rolls</i>	<b>Mac &amp; Cheese Bar</b> <i>Mac and Cheese Buffalo Chicken Popcorn Chicken Sweet Chili Chicken Fried Tofu Various Toppings</i>

Please call our Café Manager 423.713.3849 for any for any inquiries.

 Not Made with Gluten  Vegetarian  Vegan  BeWell