

APRIL
8TH – 12TH

UNUM ATRIUM CHATTANOOGA

BREAKFAST HOURS | MONDAY – FRIDAY | 7:00 AM – 10:00AM

LUNCH HOURS | MONDAY – FRIDAY | 11:00AM – 1:30PM

Before placing your order, please inform your server if a person in your party has a food allergy.

	M Empanada Day	T	W Coffee Cake Day	TH BYO Grilled Cheese Day	F
BEWELL BREAKFAST	Egg & Avocado Breakfast Sandwich \$5.50 	Recovery Bowl <i>Sweet Molasses Breakfast Quinoa topped with Brown Sugar Sweet Potatoes, Strawberries, Bananas & Dried Cherries</i> \$6.15 	Greek Style Omelet \$5.50 	Blueberry Banana Nut Oatmeal \$5.50 	Pico Scrambled Eggs \$5.50
BEWELL EXHIBITION	Caribbean Cobb Salad <i>Jerk Chicken or Tofu, with coconut curry dressing, melon Pico de Gallo & Black bean hummus</i> \$7.44 	Thai Chicken Farro Stir Fry <i>Sautéed to Order Thai Chicken or Tofu with Eggplant, Peppers and Onions over Farro topped with Peanuts and Basil</i> \$7.44 	Black Bean and Corn Tacos <i>Chili Black Beans topped with Corn Salsa, Cilantro and Lime Juice served in Corn Tortillas</i> \$7.44 	Harvest Vegetable and Farro Grain Bowl <i>Brussels Sprouts, Sweet Potatoes, Peppers and Onions over Farro with Arugula and Dijon Lemon Vinaigrette Dressing</i> \$7.44 	Vegetable Vegan Sushi Bowl <i>Sushi Rice topped with Red Peppers, Asparagus, Avocado, Shredded Carrots, Cucumbers, Edamame, Nori Sheets and topped with Vegan Mayo and Pickled Ginger</i> \$7.44
BEWELL DELI	Asian Chicken and Quinoa Lettuce Wrap \$6.40 	Turkey Guacamole Melt \$6.40 	Avocado Toast \$6.40 	Chicken Salad Sandwich with Lettuce and Tomato \$6.40 	Turkey, Swiss & Blueberry Sandwich \$6.40
DELI <i>Served with a side</i>	Buffalo Chickpea Wrap \$7.44 	Steak Pita Sandwich \$7.69	Shrimp Salad on Croissant \$7.69	Grape & Pecan Chicken Salad Croissant \$7.44	Mediterranean Veggie Wrap \$7.44
GRILL <i>Served with a side</i>	BBQ Chicken Tender Sandwich \$7.44	Meatball Sub \$7.44	Grilled Chicken Parmigiana \$7.44	Cowboy Burger \$7.44	Caprese Grilled Cheese \$7.44
CHEF'S HOT BAR \$0.56/ounce	Taco Bar <i>Hard and Soft Taco Shells, Taco Meat with Spicy Rice, Re-Fried Beans, Empanadas, Shredded Lettuce, Tomatoes, Cheddar Cheese, Tortillas, Sour Cream, Salsa, Guacamole and Queso</i>	Glazed Pork Loin <i>Glazed Pork Loin Cornbread Stuffing Black-eyed Peas Roasted Vegetables Spicy Rice Cornbread</i>	Asian Cuisine <i>Orange Chicken with Sweet & Sour Tofu, Vegetable Stir Fry, Vegetable Lo Mein, Fried Rice and Egg Rolls</i>	BBQ Blues <i>BBQ Pork, BBQ Chicken, Au gratin Potatoes, Green Beans, Re-Fried Beans, Roasted Vegetables, Dinner Roll</i>	Maple Glazed Salmon <i>Maple Glazed Salmon, Rice Pilaf, Grilled Asparagus, Grilled Vegetables, Assorted Rolls</i>

Please call our Café Manager 423.713.3849 for any for any inquiries.